



# ICCN 2022

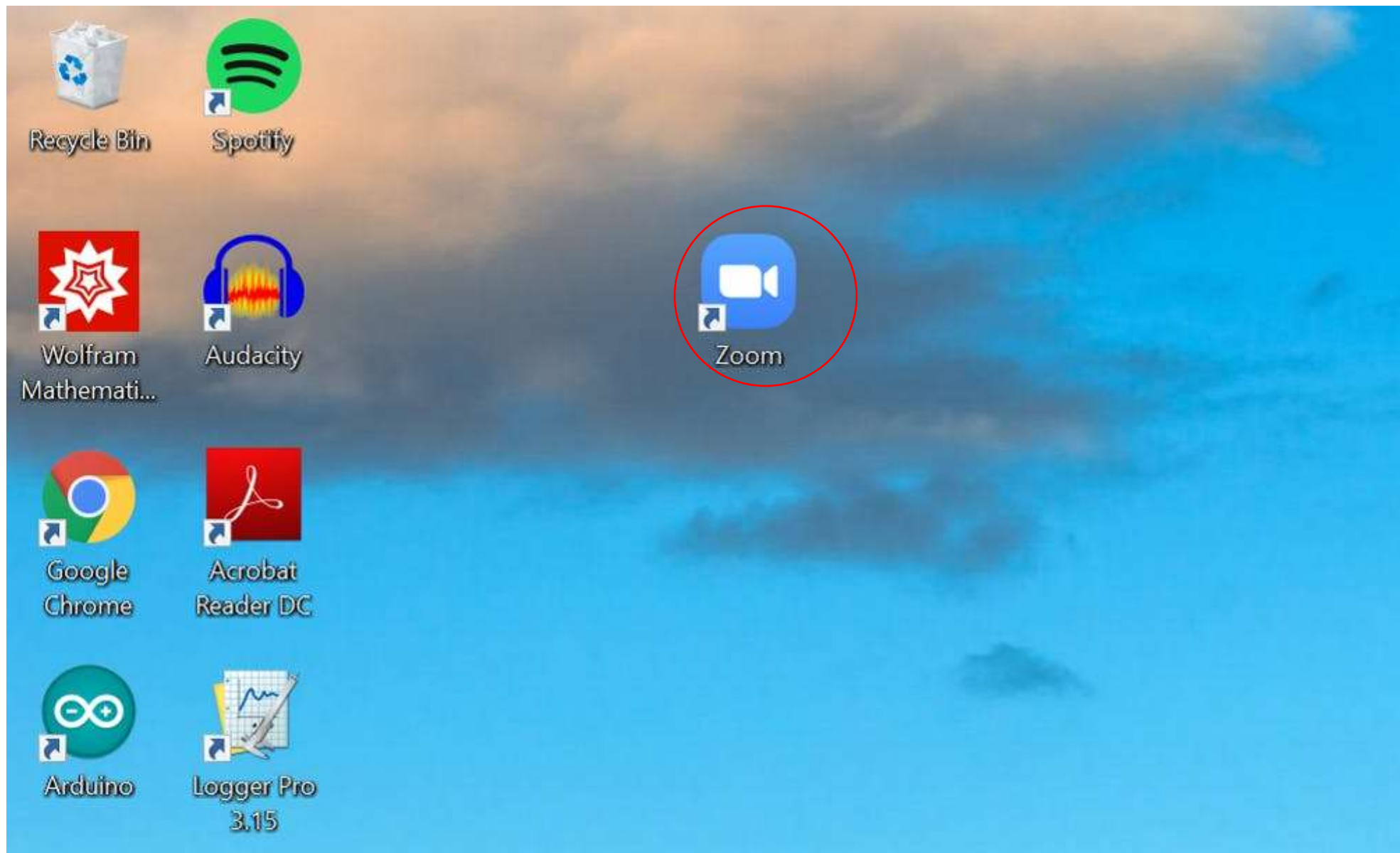
International Conference on Cancer Nursing

FEBRUARY 23 - 25, 2022 • **VIRTUAL**

## How to Self Recording using Zoom

### 如何使用 Zoom 进行自我录制

(不一定要使用Zoom。  
任何软件，只要可以达到能看到您的PPT，脸和声音既可。)



打开备好的PPT。然后开始 Zoom.



Home



Chat



Phone



Meetings



Contacts

Search



New Meeting ▾



Join




Schedule



Share screen

07:46 PM  
Tuesday, January 25, 2022



No upcoming meetings today

 Turn on Original Sound ▾



Jaslyn Tan

1

Select a window or an application that you want to share

Basic Advanced

Screen

Whiteboard

iPhone/iPad

Presentation2 - PowerPoint

Presentation1 - PowerPoint

My Meetings - Zoom - Google C...

1 Reminder(s)

Sent Items - jaslyn@icsevents.co...

Live Day - FAQ for Tec

Hold Ctrl to select multiple windows

Sharlene Wong | Microsoft Teams

Show all windows...

Share sound  Optimize for video clip

Share

Undo Clipboard Slides Font Paragraph Drawing

Paste New Slide Reuse Slides Reset Section

B I U S AV Aa

Shapes Arrange Quick Styles

Find

ACCESS OFFICE WHEREVER YOU ARE The Office mobile app combines Word, Excel, PowerPoint, and more into a single app. Download the app





# ICCN SELF RECORDING SESSION

You are screen sharing Stop Share

- Chat Alt+H
- Breakout Rooms
- Record on this Computer Alt+R
- Record to the Cloud Alt+C
- Meeting Info
- Disable Annotation for Others
- Hide Names of Annotators
- Hide Video Panel
- Hide Floating Meeting Controls Ctrl+Alt+Shift+H
- Live on Facebook
- Live on Workplace by Facebook
- Live on YouTube
- Share sound
- Optimize for video clip
- Turn on Original Sound
- End Alt+Q



You are screen sharing

Stop Share




# ICCN SELF RECORDING SESSION

You are screen sharing Stop Share

- Chat Alt+H
- Breakout Rooms
- Pause Recording Alt+P
- Stop Recording Alt+R
- Meeting Info
- Disable Annotation for Others
- Hide Names of Annotators
- Hide Video Panel
- Hide Floating Meeting Controls Ctrl+Alt+Shift+H
- Live on Facebook
- Live on Workplace by Facebook
- Live on YouTube
- Share sound
- Optimize for video clip
- Turn on Original Sound
- End Alt+Q

IC  
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S  
CAN SELF  
RECORDING  
SESSION



 Turn on Original Sound 

 Recording...  

Jaslyn Tan



Mute



Stop Video



Security



Participants 1



Chat



Share Screen



Pause/Stop Recording



Breakout Rooms



Reactions




More




End

Zoom - Converting the meeting recording ✕



## Convert Meeting Recording

You have a recording that needs to be converted before viewing.

6% 

Stop Converting

处理视频中。。。。

File Home Share View

Clipboard: Pin to Quick access, Copy, Paste, Cut, Copy path, Paste shortcut

Organize: Move to, Copy to, Delete, Rename

New: New folder, New item, Easy access

Open: Properties, Open, Edit, History

Select: Select all, Select none, Invert selection

← → ↕ This PC > Documents > zoom > 2022-01-25 19.57.06 jaslyn tan's zoom meeting 85929782341

- > Recordings
  - > Takeda Oncology Webinars
  - ▼ This PC
    - > 3D Objects
    - > Desktop
    - ▼ Documents
      - > Custom Office Templates
      - > CyberLink
      - > My Data Sources
      - > Simply Accounting
      - > Wondershare Filmora 9
      - > Zoom
    - > Downloads
    - > Music
    - > Pictures
    - > Videos
- 3 items

Name	Date modified	Type	Size
audio_only	25-Jan-22 8:01 PM	M4A File	2,451 KB
playback	25-Jan-22 8:01 PM	M3U File	1 KB
zoom_0	25-Jan-22 8:01 PM	MP4 File	7,855 KB



## Upload your Recording 上传您的mp4文件

Please name your file “Presentation Title\_First Name\_Last Name”.

To send this recording to us, please send it as a link in an email to [iccn2022@icsevents.com](mailto:iccn2022@icsevents.com), stating your Presentation Title\_First Name\_Last Name as the Subject. DO NOT email the MP4 file directly.

Below are some free file-sharing platforms you may use to get the link for your recording (not limited to):

请将您的文件名为“演讲标题\_姓名”。

不要直接通过电子邮件发送 MP4 文件。请将链接发送至 [iccn2022@icsevents.com](mailto:iccn2022@icsevents.com)，并注明您的演讲标题\_姓名作为主题。

以下是一些免费的文件共享平台，您可以使用它们来获取录制链接（不限于）：



Google Drive



Dropbox



WeTransfer



iCloud

- To download the ICCN-specific PowerPoint slides, please use this link - [https://www.iccn2022.com/wp-content/uploads/2021/12/ICCN\\_2022\\_PowerPointTemplate.pptx](https://www.iccn2022.com/wp-content/uploads/2021/12/ICCN_2022_PowerPointTemplate.pptx).
- Please upload your finished presentation here - <https://www.dropbox.com/request/mQjqLifMZH2a0jF1Xo08?oref=e>

You can use one of the following two backgrounds, but you can also use your own background if you wish.

- Option 1
- [https://www.iccn2022.com/wp-content/uploads/2021/12/ICCN2022\\_ZoomBackground-01-scaled.jpg](https://www.iccn2022.com/wp-content/uploads/2021/12/ICCN2022_ZoomBackground-01-scaled.jpg)
- Option 2
- [https://www.iccn2022.com/wp-content/uploads/2021/12/ICCN2022\\_ZoomBackground-scaled.jpg](https://www.iccn2022.com/wp-content/uploads/2021/12/ICCN2022_ZoomBackground-scaled.jpg)